

## TAKING STOCK

*Ask for the help of God's Holy Spirit to enlighten the hidden places of your heart, and then ask yourself: in my life now, at the moment...*

What am I being a voice for?

Who or what am I serving?

What is it too soon for?

What is it too late for?

What is it the right time for?

What brings beauty into my life now?

What do I value?

What am I drawn to in others?

What gives me energy?

What drives me?

Where am I finding security?

Where am I taking risks?

What aspects of me are lying low - in hiding, or dormant?

What is trying to be born?

What am I studying?

What am I learning?

What am I cultivating?

What is expanding in my life now?

What is contracting in my life now?

What is the connective tissue of my life?

What used it to be?

What would I like it to be?

What am I yearning for?

What am I dreaming of?

What shall I try to turn from/let go?

What shall I try to turn to/change?

I did not write these questions. I have not been able to find the original author of this. Apologies if it's you, but please let me know if you know where they're from and I will correct this.